



Welcome to

zijn.

about **zijn.**

Care with impact

At ZIJN., we believe that every person has valuable potential, gold that we are eager to help (re)discover. With professional care and support, we strive to make a positive impact in the lives of adults, young people, adults and families.

Our approach is slightly different. We believe in the power of connection, growth, and self-reliance. Not just by talking, but above all by doing. Our teams of care professionals think outside the box and take a creative approach to every care request. This allows us to provide care that truly meets a person's needs. Whether the care requires light support, intensive guidance or specialized care we deliver personalized, tailor-made care – without long waiting lists.



our values.



we see the gold in others and ourselves.
We believe that every person carries gold within them. We want to discover, and make room for that gold.



we think in terms of possibilities.
We believe that there are always opportunities for recovery. To achieve this, we like to think outside the box. With the right help and support, there are more possibilities than you might initially realize.



we celebrate growth.
We are happy with every step that is achieved, and do not expect perfection. Every step forward contributes to a healthier society.



we expect the best.
We have a positive worldview. Because we believe that improvement and recovery are possible, we also expect this to happen.



we communicate positively.
We know that words have power and that our speech builds people up. We create safety by communicating clearly and acting accordingly.

how can you reach ZIJN.?

With locations throughout the country, there is always a team of professionals nearby. Because our employees are keen to develop further in their own expertise and specialism, the services we offer vary from location to location. Can't find what you are looking for? We are happy to consult, to determine what best suits your situation..



Contact information:

088-9390300

contact@zijn.nl

Find our locations at our [website](#)

ZIJN. in beweging - ZiB.

Growing and discovering – through action

We use sports, games, and creativity to work on recovery, growth, and self-reliance. Through active working methods, children, youth and adults learn to better understand and manage their emotions. This different, experience-oriented approach quickly brings us to the core of the issue. Among other things, ZiB strengthens emotional regulation and resilience, allowing self-confidence to grow step by step.

opvoedondersteuning.

Building a strong and safe home together

With the expertise of experienced coaches, we help break through entrenched patterns and work together to create a safe, stable home environment. We offer practical support and psychoeducation tailored to the specific needs of the family. In this way, we strengthen parents' self-confidence and resilience in their role.

begeleide omgangsregeling - BOR.

Parent-child contact that grows with support

BOR supports parents and children in restoring and maintaining valuable contact. In a safe setting, we supervise the contact moments so that the contact is positive, meaningful, and constructive. We draw up a tailor-made plan of action, attuned to the family's needs.

ouderschapsbemiddeling.

Remain parents together, in the best interests of the child

We guide parents in complex divorce situations to continue functioning together as parents. Personalized discussions about communication, grief, and agreements create greater understanding and connection. The child is always at the center of this process.

ambulante begeleiding jeugd.

Growing up isn't always easy—we're here to help

We offer ambulatory youth coaching to children, youth, and families who are experiencing difficulties in their development or upbringing. This includes support for behavioral problems, gloominess, school absences, unsafety, and other concerns. Our guidance is activating, practical, and always adapted to the situation—at home, at school, or in the neighborhood. We are also available in crisis situations, without any waiting time.

handelingsgerichte diagnostiek.

Clear vision, new perspective

If information about a child is unclear, contradictory, or incomplete, we provide clarity, insight, and perspective. We conduct targeted research (observation, interviews, testing if necessary) and translate this into concrete recommendations for action at home and at school. Only diagnostics that help, not tests for the sake of testing.

grasboom Leusden.

Living independently with a safety net

Grasboom Leusden offers young people with autism a safe place to live independently with support close at hand. In a small-scale living environment, they grow towards independence at their own pace, supported by a professional safety net. In close collaboration with the youth's parents, the most appropriate support is sought. The adolescent's own control and say in the matter are central to this.

maatwerkprojecten.

When mainstream care is not enough, we believe in possibilities

When conventional care is no longer sufficient, ZIJN. offers customized care projects for children and youth in complex situations. We respond quickly, think creatively, and assemble an expert team in a short period of time. If necessary, we organize 24/7 on-site support. In close collaboration with stakeholders, we work to ensure safety, stability, and new perspectives. Our strength? Agility, perseverance, and a deep belief in the potential of every child.

moeder-kind huis.

A safe place to grow together

The mother and child house of ZIJN. is a safe place to live for mothers who need support in their role as parent. We offer coaching in the areas of parenting, bonding, structure, and personal development. Together, we work toward recovery and a secure future for both mother and child. We also offer appropriate support in crisis situations and contribute solution-oriented ideas.

ambulante begeleiding volwassenen.

Recovery starts with being seen

In-home support for adults who are struggling in their daily lives. We help them regain structure, cope with psychological issues, and strengthen their personal resilience. Whether it's job coaching, intervention care, or practical support, we think in terms of possibilities and match what is needed. We also offer appropriate transitional assistance during waiting periods.

mentaal in beweging - MiB.

Moving towards emotional strenght

MiB is an activating program in which children and youth learn to deal with their emotions and build resilience. Through sports exercises and methodical guidance in collaboration with a behavioral scientist, we identify what is going on and what coaching is needed.

simba family care.

Returning home together, where possible - always strengthening the family

Through the Simba family care intervention, we work systemically and intensively to ensure children can grow up safely within their own family. We support parents, actively involve the family's network, and collaborate closely with all professionals involved. Where a return home is safe and responsible, we make this possible. When this is not appropriate, we strengthen the family and their network to create stability, safety, and a sense of perspective for the future.





www.zijnzorg.nl

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